



Women's Retreat

Please join us as we honor our journey that embraces

Wholehearted Living

Sunday 3:00pm – 5:00 pm - October 2018

This group is offered to current clients.



As Brene Brown states: "Wholehearted people have a sense of worthiness and believe they are enough, courage, compassion, the ability to connect with others, practice gratitude, lean into joy, practice vulnerability and allow themselves to be seen without any guarantees!"

- Facilitated by Laura S. Mindell MA LPC NCC in the Farmington Hills office.
- The fee for this retreat is \$30.

Please contact Laura at 248-325-7476 or email

laura@revitalizecounselingmichigan.com with interest and date availability.